



Port Broughton Area School

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7/8 PERFORMING ARTS VISIT THE ADELAIDE FRINGE FESTIVAL

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Government of South Australia
Department for Education

Principal's Comment

In This Edition

7/8 Performing Arts visits the Fringe
Principal's Comment

5/6 Tech

PBAS Visit the Adelaide Fringe

Earth Science - Rocks with the 7/8s'

Calendar/Canteen Workers

School/Community Notices

Library News

Notes Home

Football and Netball Lightning Carnival

Ski Trip

Year 12 lunches

Dates to Remember

Friday 13 March

Sports Day

Monday 16 to Thursday 19 March

SAPSASA Tennis and Cricket

Wednesday 18 March

Governing Council

Friday 20 March

Year 9 -12 PPEP

Monday 23 March

NYP Football/Netball Carnival

Wednesday 25 March

Interschool Sports Day

Monday 6 April

SANTOS Athletics

Wednesday 1 April

Books and Babes

Thursday 9 April

The Little Mermaid Performance

Last Day of Term 1

Monday 27 April

First Day of Term 2

Wednesday 6 May

SCHOOL PHOTOS

Thursday 7 May

Year 10 Vaccinations

Tuesday 12 May

Early Closure 2.10pm

On Tuesday's student free day, staff focused on actions and strategies to support our Site Improvement Plan. One of the sessions looked at the importance of vocabulary.

A robust vocabulary improves all areas of communication — listening, speaking, reading and writing.

Vocabulary is critical to a child's success:

- Vocabulary growth is directly related to school achievement
- The size of a child's vocabulary in kindergarten predicts their ability to learn to read
- Vocabulary helps children to think and learn about the world
- Expanding a child's knowledge of words provides unlimited access to new information

There are still two vacant positions on Governing Council. If you would like more information, please don't hesitate to contact me or one of the parent representatives.

Chairperson: Carly Barnes

Deputy Chairperson: Jackie Ritter

Secretary: Elise Bormann

Treasurer: Katie Harris

Committee members: Aaron Ward, Terraise Davey, Beth Richardson, Jarrad Barnes and Margaret McDonald (Barunga West Council).

Tomorrow we welcome Bute and Snowtown Primary Schools to our combined sports day. A huge amount of work goes on behind the scenes of the day. Thank you to Nick Turra for all his organisation and Peter Button for his work in preparing the oval. A considerable number of events are run prior to sports day, thank you to Nick, Justin Brook, Paul Townsend and the Certificate III in Sport and Recreation students for running these events. Good luck to all competitors tomorrow!

Joelene Anderson
Principal

SAVE THE DATE

Dr Justin Coulson Parent Workshop

'Real resilience'

Term 1, Week 10, Wednesday 1st April

7.00 - 8.30pm

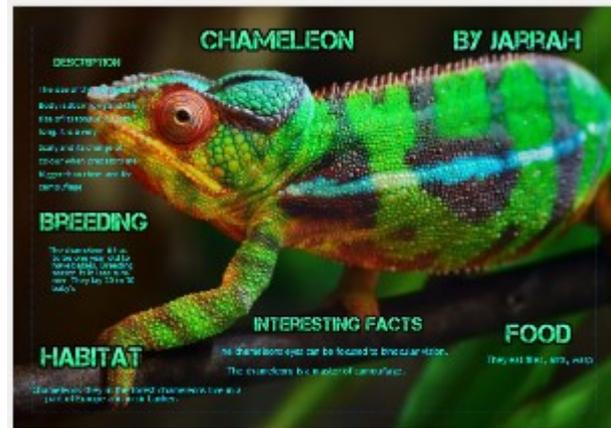
Copper Coast Sports and

Leisure Centre, Kadina

Free Creche Facilities

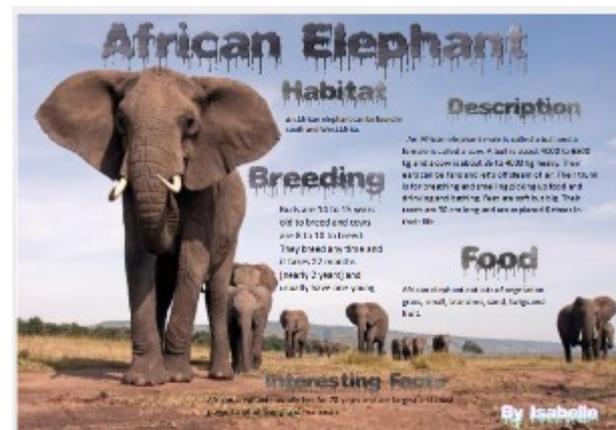


Resilience ~ Success ~ Persistence ~ Respect



To start our work this year in technology the 5/6 class have been learning about different effective ways to present research project information. The students each chose a creature from the 54 Fact File cards that were put up on display in the classroom. After drafting our notes, the focus was on producing a Power Point slideshow as well as an A3 poster. Extra skills we learnt included slideshow transitions, animations, special effects and picture editing. These are skills that can be used in lots of different curriculum areas.

Pictured on this page are examples of some of the posters produced so far.



PBAS Visits the Adelaide Fringe Festival



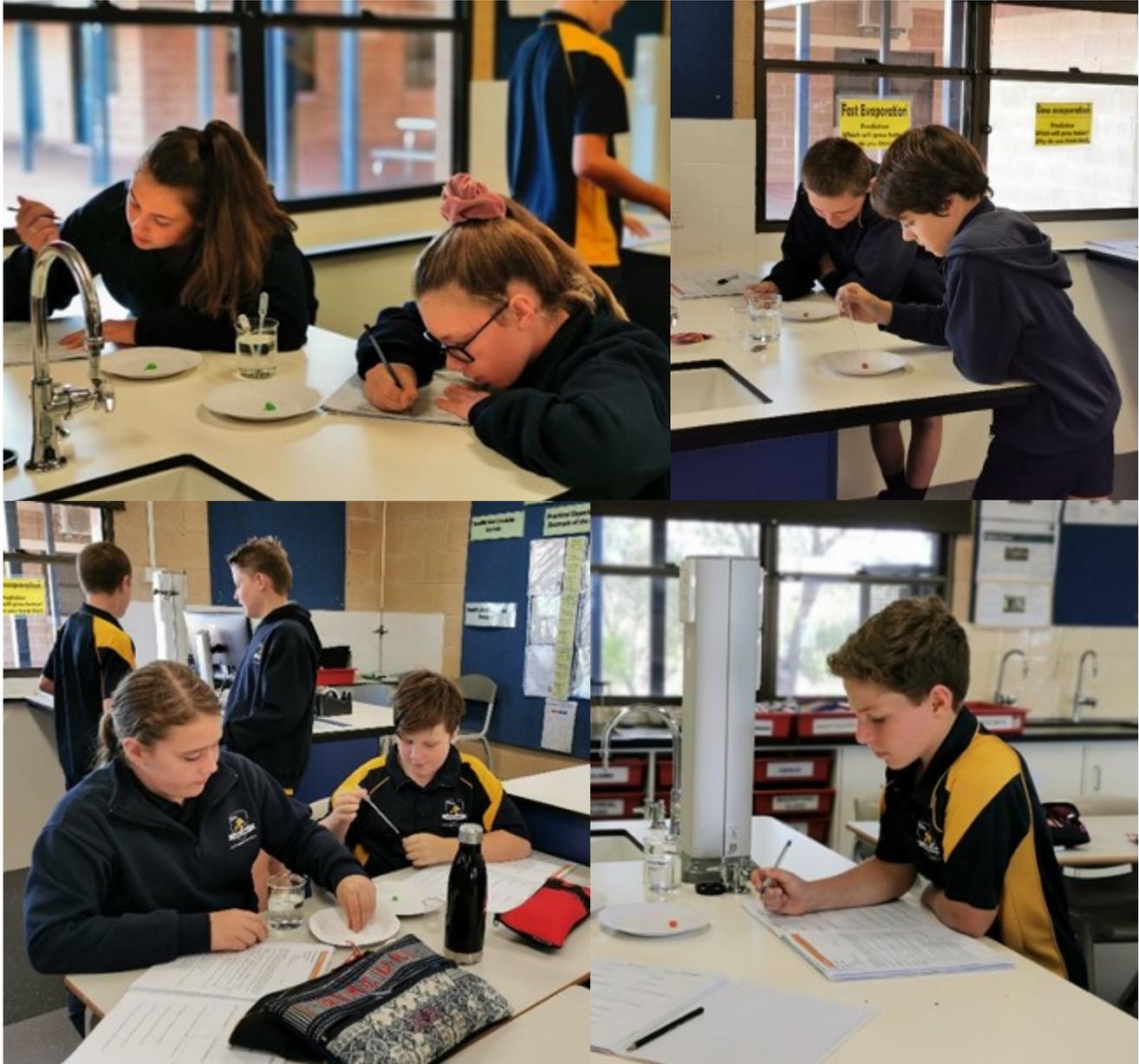
On Friday 28th February, Tanya Hackett and I, along with our Year 7/8 class travelled to Adelaide to spend time and grab a bite to eat in the Garden of Unearthly Delights before catching a show in Gluttony. This is the 5th year in a row that this excursion has run, giving P.B.A.S. students the opportunity to experience one of the largest Fringe Festivals in the world.

The show we saw this year was called “The Magnets: 90s Rewind”, a fully acapella music performance by five people from the U.K. and U.S.A. of pop hits from the 1990s. Their singing was nothing short of sublime with never a dull moment throughout the show. It was performed in the Spiegelzelt, a portable venue with seating in the round. Our students couldn't help but get up and dance to the music and make the most of this awesome show. After Sports Day they will be learning to write critical reviews, and express facts as well as their opinions about the performance.

As always, it was a pleasure to take Port Broughton students out and about. Their behaviour was exemplary and I look forward to going again next year.



Earth Science - Rocks with the 7/8 Class



The Year 7 and 8 class have been investigating the effect of weathering and erosion upon rocks. Since both processes occur slowly, they made some substitutions. Skittles were used in the place of rocks. To model weathering by wind, students placed a Skittle into a petri dish lined with sandpaper and vigorously shook it. After several minutes the Skittle's appearance had changed, losing its shine and becoming scuffed.

To investigate the effect of river erosion, water was dripped onto a Skittle. The colouring was quickly eroded, especially when water was added in five second intervals. In nature rivers can cause smaller rock particles to be eroded.

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School Planner

W 8	16/3 SAPSASA Cricket and Tennis	17/3	18/3 Governing Council	19/3	20/3 Yr 9-12 PPEP
W 9	23/3 NYP Football and Netball Carnival	24/3	25/3 Interschool Sports Day	26/3	27/3



**Australian
Childhood Anxiety
TREATMENT STUDY**

**Free home-based
assessment and treatment for
7 to 12 year old children with
fear and anxiety disorders.**

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of home-based treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.

Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:

☎ (07) 3735 3351

✉ cedrp@griffith.edu.au

🌐 griffith.edu.au/childhood-anxiety-treatment-study




Australian Government
National Health and
Medical Research Council


**Griffith
UNIVERSITY**
Queensland, Australia
CU Ref No: 2019/46



Port, Broughton Area School

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School and Community Notices

FACT SHEET

WASH, WIPE, COVER... don't infect another!

PREVENTING THE SPREAD OF INFECTION

Common diseases such as colds, flu and tummy bugs can be spread in several different ways. Washing your hands, wiping down things you use, and covering your coughs and sneezes will help keep you and others healthy. If you are sick stay away from school until you are better.

WASH

Wash your hands often.

Thorough washing and drying of your hands is one of the best ways to stop the spread of germs.

Clean your hands often, but especially after going to the toilet.

Try not to touch your eyes, nose and mouth, or food until you have washed your hands. Your hands should be washed with soap and warm running water for at least 10 seconds, then dried with a clean cloth or paper towel.

You should wash your hands:

- before eating any food
- after going to the toilet
- after coughing, sneezing and blowing your nose
- after playing with pets

WIPE

Wipe things clean.

By wiping things clean you can remove most germs.

Wipe over the things that are shared with others, like sports equipment, calculators, toys/games.

Keep the area where food is eaten clean.

COVER

Cover coughs and sneezes.

Cover a cough or sneeze with a tissue or your arm, not with your hands.

Drop the used tissue immediately into a bin and then wash your hands.

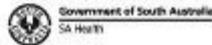
If you do have to cough or sneeze into your hands, wash them straight away before touching anything else.

Remember to turn away from other people when you cough or sneeze.

DON'T INFECT ANOTHER!

For more detailed information visit:

www.sahealth.sa.gov.au/washwipecover



PG 1000



schools

wake up! School Breakfast



Tuesday & Thursday mornings
in the canteen from 8.30am

cereal, toast, fruit & hot chocolate

All welcome!!

If families have a surplus
fruit supply during the year,
please consider donating some
to Breakfast Club.



The Kadina Hockey Club wants YOU!

Want to play a fun, inclusive, team sport that will help you get fit?

Want to give a new sport a try but don't know where to start?

The Kadina Hockey Club welcomes new players of any age, ability and fitness level.

We have helpful coaches who will make you feel at home in our supportive and positive club.

Come and Try Hockey:

Come out to the hockey fields (cnr Drain & Port Rd, Kadina) and meet some of our club members, ask any questions and have a try at hockey.

Beginners welcome. Bring a friend!

Saturday 14th March 10:00am.

Mini Colts (Girls & Boys aged 5 to under 9)

Junior Colts (Girls & Boys under 13 yrs)

Senior Colts (Girls & Boys under 16 yrs)

Men & Women (16+ years) – registration from 11:00am.

Note: First Training Wednesday 11th March

Under 13's & U16's 5:00pm

Men and Women 6:00pm

U9's first training Wednesday 18th March 5:00pm

Any queries please contact

John Duka 0427794124

Leighton Giles 0448308357

CLAIM YOUR \$100 NOW!

SPORTS VOUCHERS

sportsvouchers.sa.gov.au

Resilience ~ Success ~



Port Broughton Area School

Library News



The start of the year has seen a number of events run already and visitors will have noticed the arrival of our new furniture which manages to look fresh and feel comfortable at the same time.

Video Conferencing with Zoom

We have also been trialling video conferencing software in the meeting room and if community members would benefit from being able to host meetings with other parties not located in Port Broughton then we can offer that service to you. All you need to do is sign up to a free Zoom account and you can have face to face conferencing with anybody anywhere in the world if they have a computer.

Adelaide Writers' Week

The Library provided streaming of Adelaide Writers' Week and patrons were treated to a number of interesting talks and topics as far ranging as Crime Writing, Poetry, Democracy and Carbon Free Futures.

Books and Babes

March's Books & Babes coincided with Clean Up Australia Day activities and our presenter Amber had the brilliant idea of getting our future students and community leaders to combine recycling and gardening. Our attendees made hanging pots from old PET bottles and each took home a potted plant.

